

Sashiko Ornament Patterns

Making Sashiko ornaments is a great way to see what the slow-stitch movement is all about. It's slow stitch, to be sure, but the projects are so small you can complete them in short order.



If you love it, you can take on more and/or larger slow-stitch projects. If it's not your thing, you will still have pretty ornaments to decorate your own home or to give as sweet gifts. Check out our [Step-by-Step Sashiko](#) article on Create Whimsy to learn more about needles, threads, stitching and more!

Follow these steps to design your own Sashiko ornaments?

Gather Your Supplies:

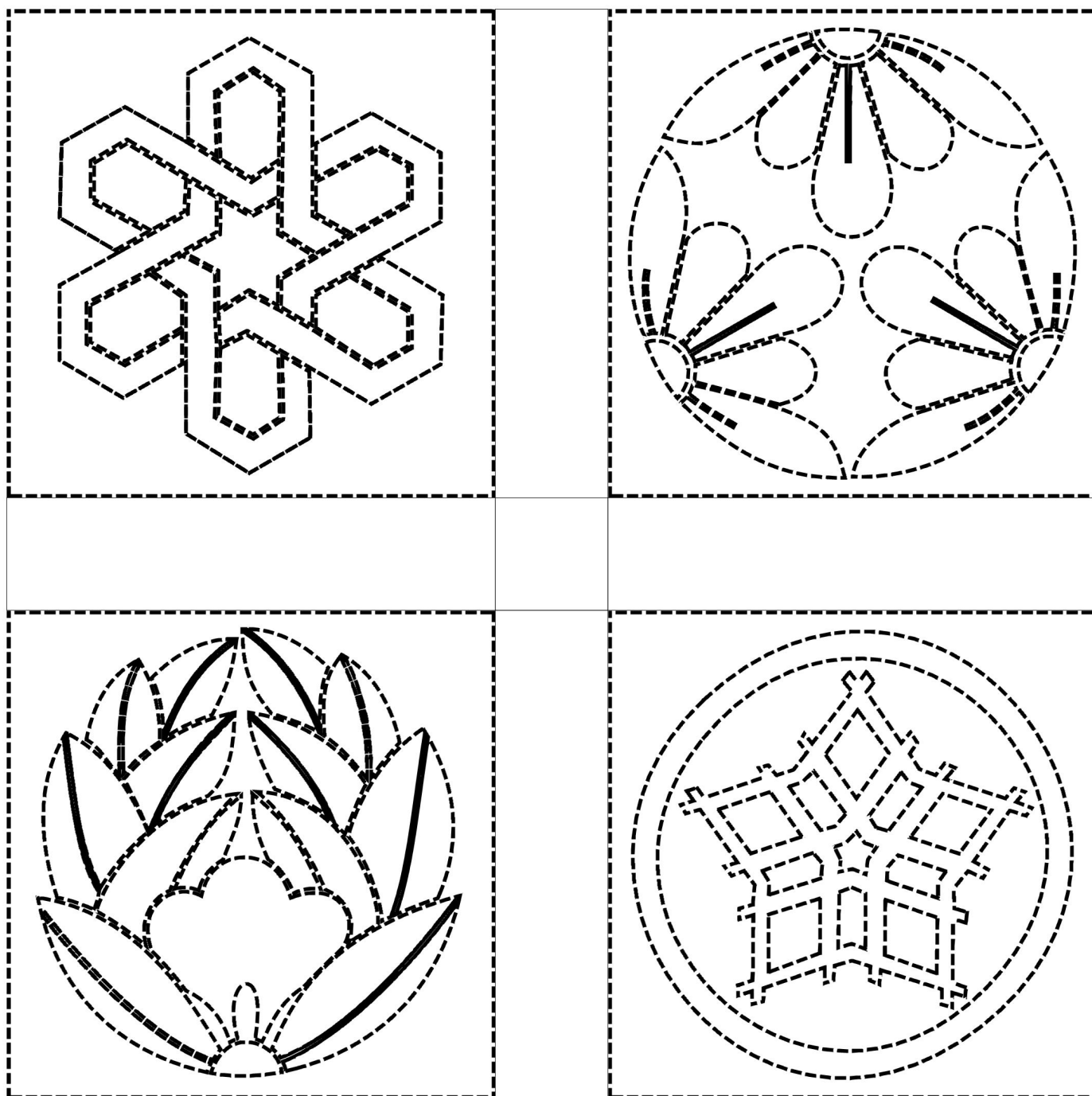
- Sashiko fabric
- Sashiko thread or size 8 perle cotton
- Sashiko needle
- Scissors and thread snips
- Your favorite marking tools
- 6 inches narrow ribbon for each ornament
- A bit of polyester fiberfill

Instructions to Make Sashiko Ornaments:

- Choose your design. Our patterns make ornaments that are about 3-1/2-inches square. If your design is a different size, you will cut your fabric differently.
- For each of our ornaments, cut one 6-inch square and one 4-inch square of Sashiko fabric. You will stitch on the larger piece and trim to size after stitching. The 4-inch square will be the back of the ornament. If using another design, add 2-1/2 inches to the finished size for the larger piece and add 1/2-inch to the dimensions for the smaller piece.
- Transfer each pattern to the larger square using your favorite method.
<https://createwhimsy.com/projects/6-ways-to-transfer-your-embroidery-design-to-fabric/>
- Thread your needle and stitch with Sashiko stitches (similar to running stitch) following the marked lines.
- Remove marking lines according to product instructions.
- Trim to 4" x 4", or the size of your smaller piece of fabric, centering the design.
- Fold a piece of ribbon in half and place it at the center of the top of your ornament, raw edges together.
- Pin front and back pieces, right sides together. Stitch with 1/4-inch seam, leaving an opening for turning.
- Turn to the right side, easing out the corners. Stuff with fiberfill and slip stitch the opening closed.

Play around with these patterns to create your custom Sashiko project. And, as always, have some fun and Create Whimsy!

Four Sashiko Ornament Patterns



Finished Samples



Transferring your design to fabric

There are several ways to transfer your pattern to your fabric. The thickness and color of your fabric will help you decide which method will work best for you. *To learn more, see our article on [Create Whimsy with 6 ways to Transfer your Pattern to Fabric](#).*

1. Tracing
2. Heat sensitive pens or pencils
3. Tracing paper
4. Water-soluble stabilizer
5. Transfer paper
6. Printer ink

Materials needed for Sashiko Stitching

- Perle cotton or traditional Sashiko thread.
- Fabric for transferring design and stitching. Traditional Indigo is fabulous, or we like Robert Kaufman cotton/linen blends.
- Sashiko needles - they are longer than traditional embroidery needles.

Project Ideas for Sashiko

- Upcycle your clothes with Sashiko patches
- Throw pillows
- Tablet or phone case
- Tabletop decor such as placemats and table runners
- Tote bags and small zipper pouches
- Pincushions, scissor and needle cases
- Sewing machine cover
- Use Sashiko blocks in quilts
- Frame it as-is. It's stunning on its own!

Tips

- Use traditional Sashiko needles that are longer and can hold more stitches at once.
- To use traditional Sashiko threads, check out [Step-by-Step Sashiko](#) for tips on working with this specialty thread.
- Test your marking tool on your chosen fabric to make sure the marks will completely disappear when you have finished stitching.